By Car: Major Deegan Expressway ( I 87) to exit 8 /W. 179th ST. Merge onto W 179th St. Turn left on Sedgwick. University Woods will be on the left.

By Public Transportation: 4 Train to Burnside Avenue. Transfer to the BX 42 to W. Burnside and Sedgwick Ave. From there walk north on Sedgwick . The Park will be on your left.